## **Abstract**

The invention relates to disposable incontinence diapers for adults, comprising a front area (6), rear area (4) and a center area (8) which comes to rest in the crotch area of the user, also comprising mechanically or adhesively acting closure means (24, 26) which are arranged in side sections (22, 24), especially on longitudinal edge sections (19, 20) of the rear area (4) or the front area (6), and which cooperate with each other in an adhesive manner in order to close the diapers (2) with the aid of an impact section (32, 34) on the front area (6) or rear area (4). At least two closure means (24, 26) are provided on each respective side section (22, 24) or longitudinal edge section (18, 20) and are distanced from each other in a longitudinal direction (30) in order to adapt the diapers in a more effective manner to the actual requirements made thereof. The invention is characterized in that the respective closure means (26) which is located further away from the edge of the hip (16) and the impact section (34) associated therewith are configured in such a way that the adhesive connection, beginning with the closed state of the diapers, only becomes detached when the force is higher than that of the adhesive connection of the closure means (24) located nearer to the edge of the hip (16) and the impact section (32) associated therewith.